

Practice times for the Girl's Winter State Program 2024-25 Season

In Woodbridge:

Juniors & Seniors	8:30am-10:30am
Sophomores	10:30am-12:30pm
Freshmen	12:30pm-2:30pm
7 th & 8 th graders	2:30-4:30pm

In Westport:

All grades	6:30pm-8:30pm
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In Newtown*:

Juniors & Seniors	8:30am-10:30am
Sophomores	8:30am-10:30am
Freshmen	10:30am-12:30pm
7 th & 8 th graders	10:30am-12:30pm

***Times subject to change based on number of players in each grade, but will stay between 8:30am-12:30pm**

Times for Competition Days will be posted to website 10 days prior to each Competition Day